

YOUR YOGA

TUESDAY

8:00am - 9:00am

THURSDAY

8:00am - 9:00am

7:00pm - 8:00pm

HYBRID SPIN

TUESDAY

7:00am - 8:00am

ZUMBA

TUESDAY

6:45pm - 7:35pm

WEDNESDAY

9:30am - 10:20am

FRIDAY

9:30am - 10:20am

THE TRIBE

MON / TUE / WED / THUR

5:00am - 5:30am

6:00pm - 6:30pm

FRIDAY

5:00am - 5:30am

HUB BOXING

MON / TUE / WED / THUR

6:30pm - 7:00pm

REVELATION FITNESS

MONDAY

10:00am - 10:50am

BAR BELLE CLUB

(Ladies Only)

THURSDAY

6:00pm - 7:00pm

WTP

(Warrior Training Program)

MON / TUES / WED / THUR / SAT

6:30am-8:00am

*Program capped at 15.

*Additional \$100 fee applies

